

*FINDING YOUR
S.H.A.P.E.*



**Each one should use whatever gift he has received
to serve others, faithfully administering God's grace
in its various forms.**

1 Peter 4:10

Name: _____
Email: _____
Date: _____

SPIRITUAL GIFTS

“...Each one has his own gift from God; one has this gift, another has that.” 1 Corinthians 7:7b

1. Spiritual gifts I believe I have (see below):

- 1.
- 2.
- 3.

2. I feel I may have these gifts because:

- 1.
- 2.
- 3.

Spiritual gifts that communicate God's Word

- Preaching
- Evangelism
- Missions
- Apostle

Spiritual gifts that educate God's people

- Teaching
- Encouragement
- Wisdom
- Discernment
- Knowledge

Spiritual gifts that demonstrate God's love

- Service
- Mercy
- Hospitality
- Shepherding

Spiritual gifts that celebrate God's presence

- Intercession
- Healing
- Miracles
- Tongues
- Interpretation of Tongues

HEART

“God has put it into their hearts to accomplish his purpose...”

Revelation 17:17

“Delight yourself in the Lord and he will give you the desires of your heart.” Psalm 37:4

1. It brings me great joy to:

- 1.
- 2.
- 3.

2. If I knew I couldn't fail, this is what I would do for God in my life...

1. The following are my strongest skills:

- 1.
- 2.
- 3.

2. Other skills I'm learning and/or working on are:

- 1.
- 2.
- 3.

A few examples include:

Drama, writing, speaking, artistic, photography, video, counseling, fixing, designing, computers, accounting, music, memory, tutoring/explaining, athletics, etc...

1. This is how I see myself: (circle one of the two bold words for each sentence.)

A. Around others I am more:

Reserved OR **Outgoing**

B. My decisions are based more on:

Facts/Thinking OR **Feelings**

C. In my relationships I tend to be more:

Dependent on Others OR **Independent**

D. My use of time is more:

Determined OR **Spontaneous**

2. A couple of examples of why I circled the above are:

- 1.
- 2.

ABILITIES

"There are different abilities to perform service..."

1 Corinthians 12:6

PERSONALITY

"No one can really know what anyone else is thinking or what he is really like, except that person himself."

1 Corinthians 2:11

EXPERIENCE

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.” Romans 8:28

1. My spiritual experience is (or how I became a Christian)...

2. Some painful experiences I've had are...

S.H.A.P.E.

If I could design a specific way to serve God around my personal *SHAPE*, it might be...

NOTE: This form is from Doug Fields, former Youth Pastor at Saddle Back Community Church. Given at the Youth Specialties National Resource Seminar, April 1995 - Moorhead, MN.